

Are you 14 years old or older and going to school?

Do you like bikes?

Do you want to learn how to build and paint a custom bike for yourself?

Would you like to make money with your new skills?

Sign up for the WRENCH's *Youth Cycle Builders* – After School Leaders program.

Youth Cycle Builders (YCB) taps into your mechanical potential by channelling your passion for bicycles. Over a series of 24 workshops YCB will give you well-rounded training for future employment, covering everything from basic to advanced bicycle mechanics, frame painting and riding skills.

Each session YCB participants will dismantle and re-build a different bicycle component system. In the process you will build a custom bicycle to keep for yourself and one (or more) to sell – and you get to keep the money! And that's not all: after completing the *Youth Cycle Builders* course you will be eligible for a summer job at the WRENCH!

To [sign up](#) or to [learn more](#) about the WRENCH's **Youth Cycle Builders** visit:
<http://www.gov.mb.ca/healthychild/afterschoolleaders/index.html>

Youth Cycle Builders Location - The WRENCH 1057 Logan Ave

The WRENCH is located in the basement of the **Animal Services Building**, East of Logan and Mc Phillips on the north side of Logan. The WRENCH phone number is (204) -296-3389.

Check out a map [here](#).

Click the bus numbers bellow to see bus routes to the WRENCH

[71 Arlington](#)

[26 Logan Berry](#)

[33 Maples](#)

[19 Marion Logan - Notre Dame](#)

Bus tickets will be provided for the duration of the program.

The WRENCH After School Leaders will run Mondays and Wednesdays 4:00 pm till 7:30 pm. YCB starts March 12th and ends June 11th.

Dinner and bus tickets are provided at every session.

Class Schedule and description below.

YOUTH CYCLE BUILDERS – The WRENCH

Programming Schedule – Fall 2017

Workshops run from **4:00-7:30 PM** Mondays & Wednesdays.
Each workshop starts with a healthy supper.

<p><u>Week 1</u> March 12 Session 1 –Intro to the Community Bike Shop, bike types, bike vocabulary, bike fit, pick mountain bike (bike #1) March 14 - Session 2 - Tool use 101. Bike assessment, stripping bike, cleaning and sorting parts</p>	<p><u>Week 2</u> March 19 - Session 3 – tool use 102, tubes and tires March 21 - Session 4 - Hubs, free wheels and cassettes</p>
<p><u>Week 3</u> April 2 - Session 5 – Wheel truing, wheel building intro April 4 - Session 6 - Resumes and job search strategies -<i>Guest instructor Youth Employment Services</i> Make a WRENCH t-shirt screen printing workshop</p>	<p><u>Week 4</u> April 9 - Session 7 - Facing and cutting, tap and die. Headsets. Stems and bars. Prep for paint April 11 - Session 8 - Bike painting part 1</p>
<p><u>Week 5</u> April 16- Session 9 - Bike painting part 2 April 18 - Session 10 - Bottom brackets and cranks</p>	<p><u>Week 6</u> April 23 - Session 11 - Brakes 1 April 23 - Session 12 - Pick and strip bike (bike #2)</p>
<p><u>Week 7</u> April 30 - Session 13 - Gears 1, tubes, tires, & hubs (bike #2) May 2 - Session 14 - Misc. build finish bike #1, safety checks</p>	<p><u>Week 8</u> May 7- Session 15 – Road skills 1, test ride, route planning May 9 - Session 16 - Bike #2 facing and cutting, tap and die. Headsets, stems and bars. Prep for paint</p>
<p><u>Week 9</u> May 14 - Session 17 - Paint bike #2, May 16 - Session 18 - Finish paint, Bottom brackets 2</p>	<p><u>Week 10</u> May 23 - Session 19 - Brakes 2, Gears 2 May 28 - Session 20 - Road skills 2, short ride to garbage hill</p>
<p><u>Week 11</u> May 30 - Session 21 -Finishing touches, test rides & safety checks 2 June 4 - Session 22 - Community Bike Shop tour & BBQ</p>	<p><u>Week 12</u> June 6 - Session 23 – Mountain Biking Field Trip – Birds Hill Park June 11 - Session 24 – Graduation Celebration Party!</p>

PLEASE NOTE: **No Classes on Monday, March 26 (Spring Break), Wednesday, March 28(spring break), & Monday, May 21 (Victoria Day)**