

Interested in Volunteering at The WRENCH?

There are many different ways for people of all skill levels and backgrounds to volunteer at The WRENCH (The Winnipeg Repair Education N' Cycling Hub). If you love bicycles (and there are about a million reasons to); The WRENCH is for you!

The Perks:

- Learn empowering and practical repair skills
- Access all the tools and parts you need to fix your bike
- Feel the satisfaction of genuinely helping those in need
- Become engaged in a diverse community
- Earn a bicycle and/or bike parts --- for every hour of volunteering you earn \$10 in "Bike Bucks", which can be spent on *used* parts or *un-repaired* bicycles. (See "Suggested Donations" sheet for pricing of parts and "Bike Build Work Trade" sheet for details on how to trade volunteer hours for a bicycle).

How To Get Started:

1. Volunteer Orientations are (usually) on the first Saturday of each month from 1-2pm (*check our website to confirm upcoming dates*). Volunteer Orientations are a chance for anyone to come down and learn about The WRENCH organization, get a tour of our shop (at 1057 Logan) and learn about volunteer opportunities / perks.

You don't need to come to a Volunteer Orientation before volunteering, but it is very helpful if you can!

2. Volunteer Shop is every Saturday from 2-4:30 pm (*closed for holiday weekends, and other special events, check out our website calendar to confirm upcoming dates*). Volunteers of any skill level are welcome to come and help out around the shop. Saturdays are a great day to learn a new skill and practice it (for example by taking one of our wheels and practicing straightening it on the truing stand, with guidance from other volunteers and/or staff.)

3. Other times that volunteers can come and help out at the shop:

- **Open Shop** (Thursdays 12-5:30)
- **Mellow Velo** (two Sundays per month, from 2-5pm). Mellow Velo is Open Shop for women, trans* & femme people.

4. Come to one of our monthly Workshops!

One Saturday per month we get an expert to come in and lead a hands-on workshop. Subjects vary from art-making to touring to wheel building. Check out our website for upcoming dates and topics and feel free to email volunteer@thewrench.ca if you have suggestions for upcoming workshops!

5. Offsite Volunteer Opportunities

- a) We have many fun offsite events throughout the year that require many volunteers of all skill levels. These include **Bike Bazaars, Bike Sales** and our biggest event of the year: **Cycle of Giving, a 24 hour kids bike building marathon!**
- b) **WRENCH @ The Forks** - in the warmer months we have a satellite location at The Forks, open Saturdays and Sundays 12-6pm.
- c) **Brady Runs / Trips to 4R Depots** - Once or twice a month we visit the Brady 4R Depot to collect and sort bicycle donations. Email our Resource Reclamation Coordinator at resource@thewrench.ca to get notified about upcoming trips!

6. Have a Truck? Volunteers are regularly needed to help us bring our metal and rubber scrap to the scrap yard or take our dirty shop towels for a wash!

7. Speak multiple languages? We are always in the need for translators, both in the shop (during Open Shop), and during special events (Bike Bazaars, Sales, etc.)

Examples of Volunteer Tasks

(which could be done during Volunteer Shop, Open Shop or Mellow Velo):

1st Tier: Entry-level (and ongoing) volunteer tasks include: patching tubes, stripping scrap bikes of their useable parts sorting parts, receiving and evaluating donations, tidying shop, washing dishes, vacuuming, emptying garbage/recycling, etc.

2nd Tier: More mechanical tasks (for folks with some mechanical skills and/or a keen desire to learn): Repairing bicycles (either helping work a repair stand during Open Shop, or repairing a bicycle during Volunteer Shop for us to sell), repairing wheels, assessing and sorting more complex parts.

3rd Tier: Volunteers can also work towards becoming a:

-Salesperson (Helping fit people to bicycles and processing payments)

-Greeter (Welcoming people to the shop, assessing their needs and signing them in).

4th Tier: Once you are a regular, active volunteer who has displayed adequate mechanical skills, you can become a bike builder. Eventually, you could even be paid!

5th Tier: We also do a wide variety of youth programming, both on and off site, where qualified volunteers are invited to help out. If you are passionate about bicycles and working with youth, this could be a great fit! Perhaps you could even join our team of paid instructors! (Vulnerable sectors check required).

Do you want to be a bike mechanic but don't know where to start?

The best way to learn is by doing! Come down on a Saturday and ask to strip a bike from the scrap pile of all its useful parts; it's far easier to take things apart than put them together, and there will be plenty of people to help if you get stuck. Another great way is to come during Open Shop and shadow one of our many highly skilled mechanics. Ask questions - so many questions! *Skills are learned a little bit at a time, so be patient with yourself and enjoy the small victories.*

We Love Donations

We always take **donations** of bikes, bike parts and of course money (tax receipt for over \$20)! If you have a bike you aren't in need of any more please bring it to any 4R Depot (on Brady, Panet or Pacific) *and they will put it aside just for us!*

Questions?

Questions about volunteering? Email our Volunteer Coordinator at volunteer@thewrench.ca

Want to Know About Upcoming WRENCH Events?

Join the Volunteer Mailing List

*Be kept up-to-date with upcoming volunteer opportunities, by emailing volunteer@thewrench.ca and asking to be put on our **volunteer mailing list!***

Follow us on Social Media : "@thewrenchwpg"

We are regularly posting on our Facebook (facebook.com/thewrenchwpg) about upcoming events, workshops, closures, etc. We also post photos on our Instagram account highlighting some of the multitude of programming that we do! We even tweet every now and then, so why not follow us on all three "@thewrenchwpg" !